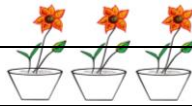




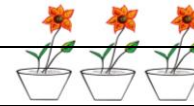
SEPTEMBER ACTIVITY CALENDAR



Mexican Mayhem!!



SPRING IS HERE!



Tuesday 1st	10.30am	Knitting Group	Main Hall
	2.00pm	Bowls	Main Hall
Wednesday 2nd	10.30am	Tai Chi & walks	Main Hall
	2.00pm	Story Reading <i>Mexican fairy tales</i>	Library
Thursday 3rd	10.30am	Old Time Sing-along	Ruby
	1.15pm	Anglican Church Service	Main Hall
	2.30pm	Discovery Group	Emerald
Friday 4th	10.30am	Current Events & Bible Prophecies	Amethyst
	2.00pm	September Birthday Wagon!	To rooms
Saturday 5th	2.00pm	Movie: <i>"Borderline"</i>	Main Hall & Channel 42



THOUGHT FOR THE WEEK:

One must learn how to lose before learning how to play

– Mexican Proverb

Mexico is a country located in the southern regions of North America. Mexico covers 1,972,550 square kilometers (761,610 sq mi) and has approximately 129 million inhabitants. It is a federation comprising 31 states with Mexico City as its capital city. Pre-Columbian Mexico traces its origins to 8,000 BC and is identified as one of six cradles of civilization. The dahlia was declared the national flower of Mexico in 1963. The tubers were grown as a food crop by the Aztecs, but this use largely died out after the Spanish Conquest.






SEPTEMBER ACTIVITY CALENDAR

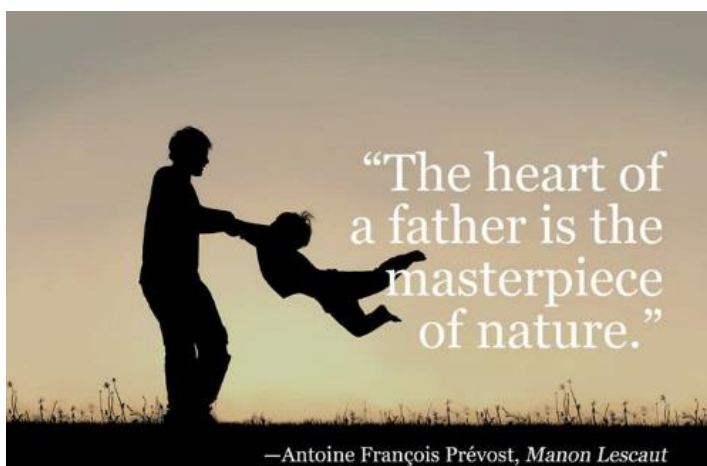
Mexican Mayhem!!



Sunday 6th	FATHER'S DAY		
	3.00pm	Memorial Meeting - Aberfoyle Park	Main Hall
Monday 7th	10.30am	Fitness (+ Standing)	Main Hall
	2.30pm	Bible Reading	Main Hall
Tuesday 8th 	OUTREACH LIBRARY SERVICE		
	10.30am	Painting & Drawing <i>Aztec art</i>	Main Hall
	2.00pm	Bingo	Main Hall
Wednesday 9th	10.30am	Fitness & walks	Main Hall
	2.00pm	Teddy Bear Day 	Main Hall
Thursday 10th 	10.30am	Whiteboard Games	Ruby
	1.15pm	Lutheran Church Service	Amethyst
	2.30pm	Mouse Hole Golf	Main Hall
Friday 11th 	10.30am	Fitness & walks	Amethyst
	2.00pm	Armchair Travel: <i>Expoza Travel: Mexico</i>	Ruby
Saturday 12th	2.00pm	Movie: <i>"Three Amigos"</i>	Main Hall & Channel 42

THOUGHT FOR THE WEEK:

**Happy
Father's
Day**








SEPTEMBER ACTIVITY CALENDAR

Mexican Mayhem!!



Sunday 13th	3.00pm	Memorial Meeting – Mt Barker	Main Hall
Monday 14th 	10.30am	Fitness (+ Standing)	Main Hall
	2.30pm	Bible Reading	Main Hall
Tuesday 15th 	10.30am	Knitting Group	Main Hall
	1.30pm	What's Cooking? <i>Tortillas, salsa & margaritas</i>	Ruby
Wednesday 16th 	10.30am	Tai Chi & walks	Main Hall
	12.00pm	Mexican Cultural Lunch	To rooms & dining rooms
	2.00pm	Pastoral Care & Share	Library
Thursday 17th	10.30am	Old Time Sing-along	Main Hall
	1.15pm	Anglican Church Service	Main Hall
	2.30pm	Discovery Group	Emerald
Friday 18th 	10.30am	Yoga with April	Amethyst
	2.00pm	Art – Mexican Mandalas	Ruby
Saturday 19th	2.00pm	Movie: <i>"Coco"</i> <i>(animated movie)</i>	Main Hall & Channel 42

THOUGHT FOR THE WEEK:

They tried to bury us. They didn't know we were seeds.





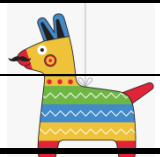
– Mexican Proverb



SEPTEMBER ACTIVITY CALENDAR

Mexican Mayhem!!



Sunday 20th	3.00pm	Memorial Meeting – Glenlock	Main Hall
Monday 21st 	10.30am	Fitness & dancing	Main Hall
	2.30pm	Bible Reading	Main Hall
Tuesday 22nd 	10.30am	Craft - Maracas 	Main Hall
	2.00pm	Bingo	Main Hall
Wednesday 23rd	10.30am	Fitness & walks	Main Hall
	2.00pm	Remembrance Service	Main Hall
Thursday 24th	10.30am	Target Toss	Main Hall
	12.00pm	BBQ Lunch	To rooms & dining rooms
	2.30pm	Sister's Class	Amethyst
Friday 25th 	10.30am	Hymn Singing 	Ruby
	2.00pm	Mexican Fiesta!	Main Hall
Saturday 26th	2.00pm	Movie: "The Mask of Zorro"	Main Hall & Channel 42

THOUGHT FOR THE WEEK:

If you have a dream, don't let anybody take it away

– Selena Quintanilla

*Please join us on Wednesday 23rd September to
remember residents who have passed away*



*See noticeboards for more details
closer to the date.*



SEPTEMBER ACTIVITY CALENDAR

Mexican Mayhem!!



Sunday 27th	3.00pm	Memorial Meeting – Happy Valley	Main Hall
Monday 28th	10.30am	Fitness (+ Standing)	Main Hall
	2.45pm	Bible Reading	Main Hall
Tuesday 29th	10.30am	Fun with Fraser	Main Hall
	2.00pm	Music Appreciation <i>“Music of Mexico”</i>	Main Hall
Wednesday 30th	10.30am	Tai Chi & walks	Main Hall
	2.00pm	Reminiscing	Main Hall



WHERE ARE WE OFF TO IN OCTOBER?

Throughout the month of October we will join carer Maria as she leads a fundraising walk for redkite in honour of her daughter Nat. Team Vari, as the group will be known, will undertake a 650km walk around South Australia – and we will be with them every step of the way!

Let's go – we got this!

