

# JULY ACTIVITY CALENDAR



|                                                                                                                               |         |                                                                                                                                                                       |                 |
|-------------------------------------------------------------------------------------------------------------------------------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| <b>Wednesday</b><br><b>1<sup>st</sup></b>                                                                                     | 10.30am | Tai Chi with Richard & walk                                                                                                                                           | Main Hall       |
|                                                                                                                               | 2.00pm  | 9 Letter Word Game                                                                                                                                                    | <b>Ruby</b>     |
| <b>Thursday</b><br><b>2<sup>nd</sup></b><br> | 10.30am | Anglican Church Service                                                                                                                                               | Main Hall       |
|                                                                                                                               | 2.00pm  | Discovery Group<br><i>Piano with Elaine</i>                                                                                                                           | Main Hall       |
| <b>Friday</b><br><b>3<sup>rd</sup></b><br>   | 10.30am | Fitness                                                                                                                                                               | <b>Emerald</b>  |
|                                                                                                                               | 2.00pm  | First Friday wagon<br>(There will be a different treat each month. The picture gives you a clue!)<br><b>Sapphire</b> → <b>Ruby</b> → <b>Emerald</b> → <b>Amethyst</b> | To Rooms        |
| <b>Saturday</b><br><b>4<sup>th</sup></b><br> | 10.30am | Hymn Singing with Marlene                                                                                                                                             | <b>Amethyst</b> |
|                                                                                                                               | 2.00pm  | Mobii                                                                                                                                                                 | Main Hall       |

**THOUGHT FOR THE WEEK:** “If music be the food of love, play on, give me excess of it.” — Shakespeare

Are you bored?

Remember we have a board, for those of you who are bored!

It's our

**Bored Board**

Located on the Library Wall

Filled with puzzles, quizzes and

pages to stop you getting

bored. Try it out this month.



# JULY ACTIVITY CALENDAR



|                                                                                                                                  |         |                                                                                |               |
|----------------------------------------------------------------------------------------------------------------------------------|---------|--------------------------------------------------------------------------------|---------------|
| <b>Sunday</b><br><b>5<sup>th</sup></b>                                                                                           | 3.00pm  | Memorial Meeting<br>Enfield Ecclesia<br><i>Collection for Heritage College</i> | Main Hall     |
|                                                                                                                                  | 3.45pm  | Afternoon tea                                                                  | Café          |
| <b>Monday</b><br><b>6<sup>th</sup></b>                                                                                           | 10.30am | Fitness                                                                        | Main Hall     |
|                                                                                                                                  | 2.00pm  | Bible Reading                                                                  | Main Hall     |
| <b>Tuesday</b><br><b>7<sup>th</sup></b>                                                                                          | 10.30am | Craft Circle                                                                   | Amethyst      |
|                                                                                                                                  | 2.00pm  | Focus Group 1                                                                  | Main Hall     |
| <b>Wednesday</b><br><b>8<sup>th</sup></b>                                                                                        | 10.30am | Yoga & relaxation with Nancy                                                   | Main Hall     |
|                                                                                                                                  | 2.00pm  | Afternoon Tea Time                                                             | In each house |
| <b>Thursday</b><br><b>9<sup>th</sup></b><br>  | 10.30am | Focus on Faith:<br>The Bible Speaks                                            | Main Hall     |
|                                                                                                                                  | 2.00pm  | Ladies Bible Circle                                                            | Main Hall     |
|                                                                                                                                  | 2.00pm  | Men's Group with Tom                                                           | Ruby          |
| <b>Friday</b><br><b>10<sup>th</sup></b><br>   | 10.30am | Fitness                                                                        | Main Hall     |
|                                                                                                                                  | 2.00pm  | July Birthday Party<br>& Happy Hour                                            | Main Hall     |
| <b>Saturday</b><br><b>11<sup>th</sup></b><br> | 10.30am | Hymn Singing with Marlene                                                      | Amethyst      |
|                                                                                                                                  | 2.00pm  | Table Tennis                                                                   | Ruby          |

**THOUGHT FOR THE WEEK:** "A heart is not judged by how much you love;  
but by how much you are loved by others."  
The Tin Man, The Wizard of OZ



The tin suit was so rigid that Jack Haley could not sit down in it.

The silver make up was so strong, that Jack Haley, suffered severe eye infections and nearly lost his sight.



|                                             |         |                                       |           |
|---------------------------------------------|---------|---------------------------------------|-----------|
| <b>Sunday</b><br><b>12<sup>th</sup></b>     | 3.00pm  | Memorial Meeting<br>Brighton Ecclesia | Main Hall |
|                                             | 3.45pm  | Afternoon tea                         | Café      |
| <b>Monday</b><br><b>13<sup>th</sup></b>     | 10.30am | Fitness                               | Main Hall |
|                                             | 2.00pm  | Bible Reading                         | Main Hall |
| <b>ONKAPARINGA OUTREACH LIBRARY</b>         |         |                                       |           |
| <b>Tuesday</b> 🎵<br><b>14<sup>th</sup></b>  | 10.30am | Choir practice 📢                      | Main Hall |
|                                             | 2.00pm  | Focus Group 2                         | Main Hall |
| <b>Wednesday</b><br><b>15<sup>th</sup></b>  | 10.30am | Tai Chi with Richard & walk           | Ruby      |
|                                             | 2.00pm  | Bingo                                 | Emerald   |
| <b>Thursday</b><br><b>16<sup>th</sup></b>   | 10.30am | Anglican Church Service               | Main Hall |
|                                             | 2.00pm  | Discovery Group                       | Main Hall |
| <b>Friday</b> 🎵<br><b>17<sup>th</sup></b>   | 10.30am | Fitness                               | Amethyst  |
|                                             | 2.00pm  | Uncommon Musical Instruments Day      | Ruby      |
| <b>Saturday</b> 🎵<br><b>18<sup>th</sup></b> | 10.30am | Hymn Singing with Marlene             | Amethyst  |
|                                             | 2.00pm  | Active Games                          | Ruby      |

**THOUGHT FOR THE WEEK:** "Where words fail, music speaks." Hans Christian Anderson

"Thank you for the Music"

Friday 17<sup>th</sup> July is

Uncommon Musical Instrument Day

Have you ever heard of a theremin or an ocarina? Maybe you have played a hydraulophone or a balalaika?  
Today is the day to come and explore something new.





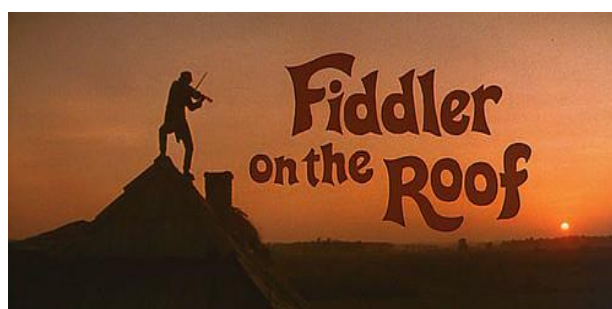
# JULY ACTIVITY CALENDAR

|                                                                                                                               |         |                                                      |           |
|-------------------------------------------------------------------------------------------------------------------------------|---------|------------------------------------------------------|-----------|
| <b>Sunday</b><br><b>19<sup>th</sup></b>                                                                                       | 3.00pm  | Memorial Meeting<br>Burnside Ecclesia                | Main Hall |
|                                                                                                                               | 3.45pm  | Afternoon tea                                        | Café      |
| <b>Monday</b><br><b>20<sup>th</sup></b>                                                                                       | 10.30am | Fitness                                              | Main Hall |
|                                                                                                                               | 2.00pm  | Bible Reading                                        | Main Hall |
| <b>Tuesday</b><br><b>21<sup>st</sup></b>     | 10.30am | Craft Circle                                         | Ruby      |
|                                                                                                                               | 2.00pm  | World Music Day                                      | Main Hall |
| <b>Wednesday</b><br><b>22<sup>nd</sup></b>   | 10.30am | Yoga & relaxation with Nancy                         | Main Hall |
|                                                                                                                               | 2.00pm  | At the Musical Movies:<br>Fiddler on the Roof Part 1 | Main Hall |
| <b>Thursday</b><br><b>23<sup>rd</sup></b>  | 10.30am | Old Time Sing-along                                  | Main Hall |
|                                                                                                                               | 2.00pm  | Ladies Bible Circle                                  | Main Hall |
|                                                                                                                               | 2.00pm  | Men's Group with Kim                                 | Ruby      |
| <b>Friday</b><br><b>24<sup>th</sup></b>                                                                                       | 10.30am | Fitness                                              | Amethyst  |
|                                                                                                                               | 2.00pm  | Volleyball                                           | Main Hall |
| <b>Saturday</b><br><b>25<sup>th</sup></b>  | 10.30am | Hymn Singing with Marlene                            | Amethyst  |
|                                                                                                                               | 2.00pm  | Rap Ball                                             | Ruby      |

**THOUGHT FOR THE WEEK:** "Do something worth remembering." Elvis Presly

At the Musical Movies  
Fiddler on the Roof, Part 1

Come along to the Main Hall on  
Wednesday, 22<sup>nd</sup> July  
And watch this very popular Movie





# JULY ACTIVITY CALENDAR

|                                              |         |                                                             |           |
|----------------------------------------------|---------|-------------------------------------------------------------|-----------|
| <b>Sunday</b><br><b>26<sup>th</sup></b>      | 3.00pm  | Memorial Meeting<br>Adelaide Ecclesia                       | Main Hall |
|                                              | 3.45pm  | Afternoon tea                                               | Café      |
| <b>Monday</b><br><b>27<sup>th</sup></b>      | 10.30am | Fitness                                                     | Main Hall |
|                                              | 2.00pm  | Bible Reading                                               | Main Hall |
| <b>Tuesday</b> 🎵<br><b>28<sup>th</sup></b>   | 10.30am | Choir practice                                              | Main Hall |
|                                              | 1.30pm  | What's Cooking? Zucchini Fritters                           | Ruby      |
| <b>Wednesday</b> 🎵<br><b>29<sup>th</sup></b> | 10.30am | Tai Chi with Richard & walk                                 | Main Hall |
|                                              | 2.00pm  | Afternoon tea in Italy                                      | Main Hall |
| <b>Thursday</b><br><b>30<sup>th</sup></b>    | 10.30am | Lawn Bowls                                                  | Main Hall |
|                                              | 2.00pm  | Discovery Group                                             | Main Hall |
| <b>Friday</b> 🎵<br><b>31<sup>st</sup></b>    | 10.30am | Hymn Singing                                                | Emerald   |
|                                              | 1.30pm  | Wonder & Wisdom<br><i>Happy Valley Primary School Choir</i> | Main Hall |

**THOUGHT FOR THE WEEK:** "One good thing about music, when it hits you, you feel no pain." — Bob Marley

Come and have a try of lawn bowls,  
Thursday 30th, 10.30am.



Join us for afternoon tea in Italy!

Come and find out some amazing facts,  
scenery and of course!  
Let's taste Italy  
The session is on Wednesday 29<sup>th</sup> July



Please let us know of ways we can add more music to the activity program! Music, singing, dancing – we are thankful for all of it! Let's make it a marvellously musical year 😊

