



FEBRUARY ACTIVITY CALENDAR



Sunday 1st	3.00pm	Memorial Meeting Adelaide Ecclesia <i>Collection for ACBM</i>	Main Hall
	3.45pm	Afternoon tea	Café
Monday 2nd 	10.30am	Fitness	Main Hall
	2.00pm	Bible Reading	Main Hall
	6.00pm	Monday Musical Movie Night <i>Mama Mia</i>	Main Hall
Tuesday 3rd	10.30am	Craft Circle 	Main Hall
	2.00pm	Bingo 	Main Hall
Wednesday 4th 	10.30am	Tai Chi with Richard & walk	Amethyst
	2.00pm	Reminiscing: <i>Music with Sharene</i>	Main Hall
Thursday 5th 	10.30am	Anglican Church Service	Main Hall
	2.00pm	Ladies Bible Circle	Main Hall
	2.00pm	Men's Group with Tom	Ruby
Friday 6th 	10.30am	Fitness	Main Hall
	2.00pm	First Friday wagon (There will be a different treat each month. The picture gives you a clue!) <i>Amethyst → Sapphire → Ruby → Emerald</i>	Main Hall
	6.00pm	Wonder & Wisdom <i>Southern Youth Group</i>	Main Hall
Saturday 7th	10.30am	Hymn Singing with Marlene 	Ruby
	2.00pm	Table Tennis	Ruby

THOUGHT FOR THE WEEK: Live for each second, without hesitation.

I Guess That's Why They Call it the Blues, Elton John (1983)

There is nothing quite like music to lead you down memory lane. Please come along and join Sharene for a very special musical reminiscing session on Wednesday 4th February at 2pm in the Main Hall.





FEBRUARY ACTIVITY CALENDAR



Sunday 8th	3.00pm	Memorial Meeting Woodville Ecclesia	Main Hall
	3.45pm	Afternoon tea	Café
Monday 9th	10.30am	Fitness	Main Hall
	2.00pm	Bible Reading	Main Hall
Tuesday 10th 	ONKAPARINGA OUTREACH LIBRARY		
	10.30am	Choir practice 	Main Hall
	2.00pm	The World's Kitchen: <i>Malinee's Thailand</i>	Main Hall
Wednesday 11th 	10.30am	Yoga & relaxation with Nancy	Amethyst
	12.00pm	BBQ Lunch 	Main Hall
	2.00pm	Musical Interlude: <i>Andrea Bocelli: Under the Desert Sky</i>	Ch 42
Thursday 12th 	10.30am	Focus on Faith: The Bible Speaks	Main Hall
	2.30pm	Resident & Relative's Meeting	Main Hall
Friday 13th 	10.30am	Fitness	Main Hall
	2.00pm	February Birthday Party & Happy Hour	Main Hall
Saturday 14th	10.30am	Hymn Singing with Marlene	Amethyst
	2.00pm	Drawing & Colouring	Ruby

THOUGHT FOR THE WEEK: Like a river flows, surely to the sea.

Darling so it goes. Some things are meant to be.

Can't Help Falling in Love with You, Elvis Presley (1961)

Join us in The World's Kitchen in February!
Come along and join in with the cooking
(and the tasting!)

The session is on Tuesday 10th February
when Malinee will share her Thai
heritage.

"Thank you for the Music" Fact:

Friday 13th February is



WORLD RADIO DAY

What is your favourite music station?



FEBRUARY ACTIVITY CALENDAR



Sunday 15th	3.00pm	Memorial Meeting Hyde Park Ecclesia	Main Hall
	3.45pm	Afternoon tea	Café
Monday 16th	10.30am	Fitness	Main Hall
	2.00pm	Bible Reading	Main Hall
Tuesday 17th 	10.30am	Craft Circle 	Main Hall
	2.00pm	Shrove Tuesday afternoon tea	Emerald
Wednesday 18th	10.30am	Tai Chi with Richard & walk	Main Hall
	2.00pm	Afternoon Tea Time	In each house
Thursday 19th 	10.30am	Anglican Church Service	Main Hall
	2.00pm	Ladies Bible Circle	Main Hall
	2.00pm	Men's Group with Kim	Ruby
Friday 20th 	10.30am	Fitness	Main Hall
	2.00pm	Special Event: QuickSteps Dance demonstration	Main Hall
Saturday 21st	10.30am	Hymn Singing with Marlene	Ruby
	2.00pm	Skittles	Ruby

THOUGHT FOR THE WEEK: Hear my words that I might teach you.

Take my arms that I might reach you.

The Sounds of Silence, Simon & Garfunkel (1964)

Come along to the Main Hall at 2.00pm on Friday 20th February for a ballroom dancing exhibition.

With grateful thanks for the music (and dancing) to professional dancers from QuickSteps Dance Studio.





FEBRUARY ACTIVITY CALENDAR



Sunday 22nd	3.00pm	Memorial Meeting Salisbury Ecclesia	Main Hall
	3.45pm	Afternoon tea	Café
Monday 23rd	10.30am	Fitness	Main Hall
	2.00pm	Bible Reading	Main Hall
Tuesday 24th	10.30am	Choir practice	Main Hall
	2.00pm	Music Bingo	Amethyst
Wednesday 25th	10.30am	Yoga & relaxation with Nancy	Main Hall
	2.30pm	Board Games	Ruby
Thursday 26th	10.30am	Wonder & Wisdom: <i>Toddler Playgroup</i>	Main Hall
	2.00pm	Discovery Group	Main Hall
Friday 27th	10.30am	Hymn Singing	Main Hall
	2.00pm	Music Appreciation with Rozz <i>Cliff Richard</i>	Main Hall
Saturday 28th	10.30am	Hymn Singing with Marlene	Amethyst
	2.00pm	Mobii	Ruby

THOUGHT FOR THE WEEK: Don't lose your grip on the dreams of the past.
You must fight just to keep them alive.

Eye of the Tiger, Survivor (1982)

Please let us know of ways we can add more music to the activity program! Music, singing, dancing – we are thankful for all of it! Let's make it a marvellously musical year 😊

