



Thursday 1 st	10.30am	Anglican Church Service (via YouTube)	Main Hall
	2.00pm	Ladies Bible Circle	Main Hall
· · · · · · · · · · · · · · · · · · ·	2.00pm	Men's Group	Ruby
	3.30pm	Choir Practice	Main Hall
Friday	10.30am	Fitness & Standing	Main Hall
2 nd	2.00pm	First Friday wagon (There will be a different treat each month. The picture gives you a clue!) Emerald→ Amethyst → Sapphire → Ruby	To Rooms
Saturday	10.30am	Hymn Singing with Marlene \square	¹ Main Hall
3 rd	2.00pm	Mobii	Ruby

<u>THOUGHT FOR THE WEEK:</u> Embrace changes fearlessly in the pursuit of growth, just like monkeys swinging from tree to tree

- Unknown



REMINDER:

Activities with this symbol f are NOT streamed on Channel 42. Please come to the Main Hall to join in! 3





Sunday 4 th	3.00pm	Memorial Meeting Happy Valley Ecclesia Collection for Agape in Action	Main Hall
Monday	10.30am	Fitness	Main Hall
5 th	2.00pm	Bible Reading	Main Hall
Tuesday	10.30am	Craft Circle	Main Hall
6 th	1.30pm	Pamper Me (by appointment)	Amethyst
Wednesday	10.30am	Tai Chi with Richard & Walk	Main Hall
7 th	2.00pm	Wonder & Wisdom: 🗹 Happy Valley Primary School	Main Hall
Thursday 8 th	10.30am	Focus on Faith: The Bible Speaks	Main Hall
8 ····	2.00pm	Discovery Group	Main Hall
Meeting	3.30pm	Choir Practice	Main Hall
Reminder!	6.30pm	Resident & Relative's Meeting	Main Hall
Friday	10.30am	Mobii	Main Hall
9 th	2.00pm	May Birthday Party & Happy Hour	Main Hall
Saturday	10.30am	Hymn Singing with Marlene	Í Main Hall
10 th	2.00pm	Mouse Hole Golf	Ruby

<u>THOUGHT FOR THE WEEK:</u> An animal's eyes have the power to speak a great language

- Martin Buber

IT'S COMPETITION TIME!

Just for a bit of fun in 2025, we're running a competition each month for residents to guess the theme of the Thoughts for the Week. All the quotations will have something in common. (CLUE: It will have something to do with our *From Here to There* theme.) The first resident to correctly tell Rozz what it is will receive a prize. Get thinking!

Last month it was "TRAVEL"





Sunday	HAPPY MOTHER'S DAY!		
11 th	3.00pm	Memorial Meeting Brighton Ecclesia	Main Hall
Monday	10.30am	Bible Reading	Main Hall
12 th	2.00pm	9-Letter Word Game	Ruby
Tuesday	ONKAPARINGA OUTREACH LIBRARY		
13 th	10.30am	Drawing & Colouring	Amethyst
FROM	2.00pm	Documentary: Planet Earth: Jungles	Channel 42
Wednesday	10.30am	Yoga & relaxation with Nancy	Main Hall
14 th	2.00pm	Afternoon Tea Time	In each house
Thursday	10.30am	Anglican Church Service	Main Hall
15 th	2.00pm	Ladies Bible Circle	Main Hall
¥O	2.00pm	Men's Group	Ruby
	3.30pm	Choir practice	Main Hall
Friday	10.30am	Fitness & Standing	Main Hall
16 th	1.30pm	At the Theatre: <i>Showboat</i>	Main Hall
Saturday	10.30am	Hymn Singing with Marlene \square	⁵ Main Hall
17 th	2.00pm	Table Tennis	Ruby

THOUGHT FOR THE WEEK: The love for all living creatures is the

most noble attribute of man

Join us At the Theatre on Friday 16th May as we cruise down Ol' Man River on *Showboat*. This 1951 romantic musical film stars Kathryn Grayson and Ava Gardner. All will be warmly welcomed aboard!

- Charles Darwin





Sunday 18 th	3.00pm	Memorial Meeting Hyde Park Ecclesia	Main Hall
Monday	10.30am	Fitness	Main Hall
19 th	2.00pm	Bible Reading	Main Hall
Tuesday	10.30am	Craft Circle	Main Hall
20 th	2.00pm	The World's Kitchen:	Amethyst
Wednesday	10.30am	Tai Chi with Richard & walk	Main Hall
21 st	2.00pm	Concert: Brian Raynor	Main Hall
Thursday	10.30am	Old Time Sing-along	Main Hall
22 nd	2.00pm	Discovery Group	Main Hall
	3.30pm	Choir practice	Main Hall
Friday	10.30am	Fitness & Standing	Main Hall
23 rd	2.30pm	Board Games	Ruby
Saturday	10.30am	Hymn Singing with Marlene \square	⁵ Main Hall
24 th	2.00pm	Target Toss	Ruby

THOUGHT FOR THE WEEK: Perfect companions never have fewer than four feet

- Sidonie Gabrielle Colette



All are invited to come to the Main Hall on Friday 30th May for a *From Here to There* reminiscing display. Let's remember Days Gone By with items from yesteryear. If you have something you'd like to display, please let Rozz or one of the lifestyle staff know! We're looking for household items please – cameras, radios, laundry items, kitchen items etc 🕄





Sunday 25 th	3.00pm	Memorial Meeting Mt Barker Ecclesia	Main Hall
Monday	10.30am	Fitness	Main Hall
26 th	2.00pm	Bible Reading	Main Hall
Tuesday	10.30am	Trivia & Quiz with Lesley	Main Hall
27 th	1.30pm	What's Cooking? <i>Apple dumplings & Chai Lattes</i>	Ruby
Wednesday	10.30am	Yoga & relaxation with Nancy	Main Hall
28 th	2.00pm	Pastoral Care & Share 📈	Main Hall
Thursday 29 th	10.30am	Special Event: An Appreciation of Music with Ken & Debra	Main Hall
	2.00pm	Ladies Bible Circle	Main Hall
¥0	2.00pm	Men's Group	Ruby
	3.30pm	Choir practice	Main Hall
Friday 🚲	10.30am	Hymn Singing	Main Hall
30 th	2.00pm	Reminiscing – Days gone by	Main Hall
Saturday	10.30am	Hymn Singing with Marlene \Box	⁵ Main Hall
31 st	2.00pm	Mobii	Ruby

THOUGHT FOR THE WEEK: Message from the butterfly: Transformation is possible

Come along to the Main Hall on Thursday 29th May at 10.30am for a very special morning – "An Appreciation of Music" with Emerald resident Ken and his friend Debra. All are most welcome to listen, learn and appreciate the wonderful world of music!

Our 2025 theme From Here to There is going to be a wonderful ride! Please let us know if you can think of any activities that will add to the journey 🐵